

Authentik *Style*



Lifestyle + Decor
Autumn 2025

Hello Autumn!

As the air turns crisp and the days grow shorter, fall invites us to slow down and savor the simple moments that make a home feel truly alive. It's a season for gathering — around tables, around ideas, and around the comforts that remind us who we are and what we love most.

In this Autumn Edition of Authentik Style, we're celebrating all the textures of the season — the rich, layered tones of nature, the golden afternoon light, and the art of creating warmth through thoughtful design. Whether you're cozying up at home, preparing for the holidays ahead, or simply looking for inspiration to refresh your space, we hope these pages spark a sense of connection and creativity.

Here's to embracing change, celebrating beauty, and finding joy in the details that make this season so special.

Here's to another magical season!

Andrea



6 WAYS TO BRING *Gratitude* INTO YOUR HOME

As the days grow shorter and we ease into the cozy rhythm of fall, our homes become mirrors of how we're feeling inside. This season is often a natural invitation to slow down, gather, and reflect — and it's also the perfect time to infuse a little gratitude into the spaces that hold our lives.

1. Start with a gratitude walk through your home.

Take ten quiet minutes to move through each room and notice what you love most — the pieces that tell your story, the colors that bring calm, the items that spark happy memories. This simple act shifts your mindset from “what’s missing” to “what’s meaningful.”

2. Edit with intention, not judgment.

Instead of focusing on clutter, think of releasing what no longer supports your life right now. Donate items that served their purpose and make space for what feels aligned. Gratitude and letting go are two sides of the same coin.



3. Display what matters.

Create small vignettes that tell a story — a travel memento, your grandmother's bowl, a photo that makes you smile. Grouping meaningful items gives them presence and reminds you daily of what you cherish.



4. Layer comfort intentionally.

Bring in tactile gratitude — soft throws, candles, a favorite scent, warm light. These small comforts invite you to slow down and savor your space.



5. Practice seasonal appreciation.

Each season offers new energy. In fall, lean into cozy textures, natural materials, and grounding tones. Swap in earthy elements like branches, dried florals, or ceramics that feel connected to nature's rhythm.



6. Write a home gratitude list.

Once a month, jot down five things you're thankful for in your home. It could be "morning light in the living room" or "family dinners at our table." Over time, this list becomes a reflection of your evolving story — a design diary of gratitude.



Goat Cheese Dip with Fig Jam & Pecans



Ingredients

300 g softened goat cheese (about 0.66lb, 100z or 1 1/4 – 1 1/3 cups goat cheese)

1/2 cup fig jam

1/4 cup chopped pecans

1 tbsp honey

1 tbsp balsamic vinegar

2-3 sprigs of thyme, leaves removed

1 tbsp olive oil

crostini or crackers for serving

Instructions

To a low bowl or plate, spread goat cheese and drizzle with olive oil.

In a small pot warm honey, fig jam, balsamic over medium heat, whisking to combine. Heat for about 5 minutes.

Remove from the heat and let cool slightly, about 5 minutes.

Drizzle or gently spread the fig jam mixture over the goat cheese.

Top with fresh thyme leaves (remove the leaves from the sprigs) and pecan pieces.

Add a pinch of sea salt and then serve with crackers or crostini.

Nature, Light, and Mood: Transitioning Your Home from Summer to Fall

Autumn in Southern California doesn't always announce itself with crisp air or golden leaves — sometimes, it's just a subtle shift in light. The sun softens, shadows stretch a little longer, and our homes begin to whisper: slow down.

As designers — and as humans — we respond deeply to light and nature. They're our most powerful mood-shapers. This season is an invitation to work with both, creating spaces that feel grounded, calm, and connected to the rhythm of the earth.



Start by embracing the changing light. Swap out cool bulbs for warm, soft white tones that mimic candlelight. Layer your lighting — a mix of table lamps, sconces, and floor lamps creates depth and intimacy that overhead light can't achieve. Think of it as setting the emotional temperature of your home.



Next, bring nature indoors in thoughtful ways. Fall doesn't always mean pumpkins and plaid; it can be as simple as a sculptural branch in a ceramic vase, a bowl of pinecones, or woven textures that echo the outdoors. Natural materials — wood, linen, clay, stone — help your home feel alive and real, even in the quieter months.

Finally, honor the mood of the season. Play with earthy tones and muted warmth: ochre, clay, moss, and caramel. These colors wrap a space in comfort without overwhelming it. Add layers — a throw at the end of the sofa, an extra cushion on the chair, a candle burning at twilight.




Designing for fall isn't about starting over; it's about tuning in. When we align our homes with the natural shifts around us, we remind ourselves that change can be beautiful, soft, and deeply comforting.



Summer Fun in SoCal



Orange County Wine Fest
November 8 & 9 at the OC
Fair & Event Center in
Costa Mesa



Brea Gallery – Fresh(AIR): Artist in
Residence
Saturday & Sunday, November 15-16,
2025, from 12:00 PM to 5:00 PM (each
day)



Rose Bowl Flea Market
Second Sunday of the
month



The Great Junk Hunt – Orange County
November 14-15
OC Fairgrounds

Color & Crush

BURNT SIENNA + DUSTY
TEAL + WHEAT – AN
EARTHY PALETTE
FEATURE.



WALLPAPER
CASSIA - ALBANY

GLASSWARE AND
CANDLES

GREENROW

PILLOWS - ETSY



Check out the next
page to see this
beautiful palette used
in a tablespace inspo



Color & Crush

TABLESCAPE INSPIRATION





Tablecloth - Pottery Barn

Place Card Holder - West Elm

Dusty Teal Dinnerware - Anthropologie

Floral Centerpiece - Pottery Barn

Woven Charger - World Market

Cream Plate - Pottery Barn

Decorative Plate - Rifle Paper Co.

Hurricanes - Crate + Barrel

Glass Napkin Rings + Flatware - West Elm

Table Runner - Pottery Barn

Napkins - William Sonoma Home

*"Life starts all
over again when it
gets crisp in the
fall"*

F. Scott Fitzgerald



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Home

Curated ,Elevated & Inspired Interiors

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