

Authentik *Style*



Lifestyle + Decor
Spring 2025

Hello Spring!

Welcome to the spring edition of Authentik Style! As the season shifts, so does our craving for lighter spaces, fresh inspiration, and a renewed sense of home.

That's exactly what this mini mag is all about—helping you embrace spring in a way that feels effortless, stylish, and authentically you.

At Authentik Home, we believe great design isn't just about how a space looks—it's about how it feels. Whether it's through color, texture, or intentional styling, this issue is packed with ideas to refresh your home, from mood-boosting palettes to creative ways to bring florals into your space.

So grab a coffee or an ice cold lemonade and get inspired, and let's welcome spring—the Authentik way.

Here's to another magical season!

Andrea



Lavender Lemonade



As the days grow longer and the air fills with the sweet scent of blooming flowers, there's nothing quite as refreshing as a glass of lavender lemonade. This delightful drink blends the citrusy brightness of fresh lemons with the calming floral notes of lavender, creating a perfect balance of tart and sweet.

4 cups water, divided
½ cup dried culinary lavender (or ¾ cup fresh lavender sprigs)
¾ cup honey or granulated sugar (adjust to taste)
1 cup freshly squeezed lemon juice (about 4–5 lemons)
Ice cubes
Lemon slices and fresh lavender sprigs for garnish

Make the Lavender Syrup: In a small saucepan, bring 2 cups of water to a gentle simmer. Stir in the dried lavender and honey (or sugar) until dissolved. Remove from heat, cover, and let steep for 20 minutes.
Strain & Cool: Using a fine mesh strainer, strain out the lavender buds, pressing gently to extract all the flavorful syrup. Let the syrup cool to room temperature.

Mix the Lemonade: In a large pitcher, combine the freshly squeezed lemon juice and the remaining 2 cups of cold water. Stir in the lavender syrup, adjusting sweetness if needed.

Serve: Fill glasses with ice and pour the lavender lemonade over. Garnish with lemon slices and a sprig of fresh lavender for a charming, elegant touch.

Enjoy! Sip and savor the floral citrus goodness—perfect for spring afternoons!

EDITOR'S NOTE

Our top picks for spring!



Pillows : Creative Co-Op
Area Rug - Anthropologie



Mackenzie Childs
- Canisters



Print - Heirloom Prints



Ceramic Wall
Flowers -
Anthropologie



Spring Scent Styling

A Fresh Approach to
Fragrance in Your Home



Layer in Natural Elements

You don't have to rely on candles or diffusers alone—nature does the work for you. A simple bouquet of hyacinths, lilacs, or fresh-cut garden roses can subtly perfume a room without effort. In the kitchen, a small bundle of rosemary, basil, or mint in a glass of water adds a fresh, earthy scent that's as beautiful as it is useful.



For something even more effortless, try a reed diffuser with a light, nature-inspired fragrance—nothing too strong, just a whisper of scent that lingers in the background.



Let Scent Flow Through Daily Rituals

Instead of forcing scent into a space, let it be part of your routine. Simmer a pot of lemon slices, rosemary sprigs, and a splash of vanilla extract on the stove while you tidy up. Add a few drops of lavender oil to wool dryer balls so your laundry comes out naturally fresh.

Choose a dish soap or counter spray with a hint of grapefruit or basil—suddenly, even the most everyday moments feel more intentional.

Don't Forget the Little Touches

Scent shouldn't just live in the main rooms—bring it into the tucked-away spaces, too. Line your dresser drawers with scented paper in soft botanical prints. Tuck a lavender sachet into your linen closet. Add a drop of rose or chamomile oil to cotton balls and place them in hidden corners of your wardrobe. These tiny details create a sense of quiet luxury, the kind that lingers just enough to be noticed.

Spring is all about releasing the old and welcoming the new. A subtle shift in scent can make your home feel lighter, fresher, and more alive—without a single piece of decor changing.

Spring Fun in SoCal



Descanso Gardens Springtime
& Norton Simon Museum
Daytripper.com has wonderful tours of
each

Disney California Adventure
Food and Wine Festival - until
3/31!



Floral Park Home &
Garden tour



Spring Exhibition: 40th Annual
Made in California Juried Show
| April 27 - June 29
Brea Art Gallery



April 26-27

DeClutter + Refresh

Spring Cleaning : Designer Style

Spring cleaning isn't just about scrubbing—it's about creating breathing room in your home.

At Authentik Home, we believe decluttering should feel intentional, effortless, and in tune with your style. Here's how to refresh your space with design in mind.

1. Start Small, Style Big

Don't overwhelm yourself—choose one area at a time. A single drawer, a bookshelf, or your entryway can make a huge impact. The key? Curate, don't just clear. Keep only what's beautiful, useful, or meaningful.

2. Elevate Storage, Seamlessly

Storage doesn't have to be hidden—it can be part of the design. Woven baskets by the sofa, a vintage tray for essentials, or stylish bins inside cabinets keep things tidy without feeling sterile.

3. Reset with Purpose

Once a space is cleared, be intentional about what comes back in. Swap heavy winter throws for light linens, switch dark candles for fresh florals, and embrace a lighter color palette.

Spring is about renewal, not perfection. Let go of what no longer serves you and create a home that feels fresh, effortless, and unmistakably you.

Celebrating Womens History Month

Interior Design + Architecture



Elsie de Wolfe (1865–1950) – The First Interior Designer Before Elsie de Wolfe, interior decorating wasn't considered a profession—it was just something wealthy women did for their own homes. She changed that. Known as the “mother of interior design,” she rejected the heavy, dark Victorian style in favor of light, airy, and elegant spaces. Think soft color palettes, mirrors, and a touch of Parisian charm. Her work at The Colony Club in New York set the standard for modern decorating, proving that a well-designed space could uplift and inspire.

Dorothy Draper (1889–1969) – The Queen of Bold Color

If you love a bold, maximalist moment, you can thank Dorothy Draper. She had an unapologetic approach to design, embracing oversized florals, vibrant hues, and dramatic contrasts long before it was trendy. Her work at The Greenbrier Hotel is a masterclass in theatrical, joyful interiors. She believed that design should be fun and fearless—an ethos we can all embrace in our own homes.



Florence Knoll (1917–2019) – The Woman Who Designed the Modern Office

Ever walked into a sleek, modern office and thought, This is so well-designed? That's Florence Knoll's legacy. She revolutionized corporate interiors with clean lines, functional layouts, and furniture that balanced form with purpose. She didn't just design furniture—she designed the way we work. In a world where aesthetics and function often clash, she proved they could coexist beautifully.



Ray Eames (1912–1988) – The Mastermind of Mid-Century Modern
Mid-century modern wouldn't be what it is without Ray Eames. Though often overshadowed by her husband, Charles, Ray was equally responsible for the Eames aesthetic—think sculptural furniture, molded plywood chairs, and a seamless blend of comfort and design. Her work wasn't just about beauty; it was about making good design accessible. In a world of fast furniture, I love that her pieces remain timeless investments.

Zaha Hadid (1950–2016) – The Visionary of the Future

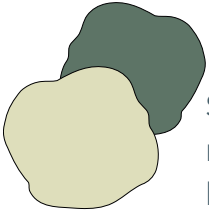
Zaha Hadid didn't just design buildings—she created sculptures that people could live and work in. Her futuristic, flowing forms challenged everything we thought architecture could be. From the Guangzhou Opera House to the London Aquatics Centre, her work was unapologetically bold. She proved that women could not only succeed in architecture but also completely redefine it.



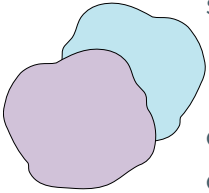
Norma Merrick Sklarek (1926–2012) – The First Black Woman to Lead the Industry
A true trailblazer, Norma Merrick Sklarek was the first Black woman to become a licensed architect in the U.S.—at a time when women, especially women of color, weren't even invited to the table. She led major projects like the Pacific Design Center and the U.S. Embassy in Tokyo, proving that talent and determination could break down barriers. Her story is a reminder that diversity in design matters—not just for representation, but for richer, more meaningful spaces.

Mood-Boosting Color Palettes for Spring

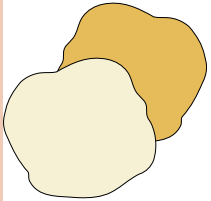
Spring is all about renewal, energy, and light, and the colors we surround ourselves with can have a profound impact on how we feel. Whether you're looking to refresh a space or simply uplift your mood, here's how color psychology can guide your seasonal palette.



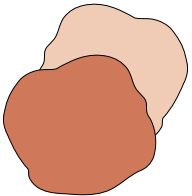
Sage & Soft Greens – Known for their calming and restorative qualities, these hues bring a sense of balance and connection to nature. Perfect for bedrooms, living rooms, or anywhere you want a serene escape.



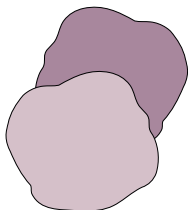
Sky Blue & Periwinkle – These shades evoke clarity and relaxation, much like an open sky or a cool breeze. Ideal for home offices or kitchens, where a fresh, airy feel is welcome.



Golden Yellow & Warm Neutrals – The color of sunshine and optimism, yellow naturally energizes a space. Use it in entryways or breakfast nooks to create a welcoming and cheerful atmosphere.



Peach & Terracotta – Warm and grounding, these hues encourage connection and creativity. They work beautifully in dining areas or cozy living spaces.



Lavender & Dusty Mauve – Soft and elegant, these colors promote tranquility and sophistication. Try them in bedrooms or reading nooks for a dreamy, restful vibe.

"To plant a garden is to believe in tomorrow."
Audrey Hepburn



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Curated ,Elevated & Inspired Interiors

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